



SPINDRIFT

PERTH HILL WALKING CLUB NEWSLETTER

Issue 126 February 2009

Chairman's Message

Hi Folks

On behalf of the Committee I would like to wish all our members a happy new year.

As this is the last edition of the Spindrift before the AGM ((13 March 2009), I would like to remind you that this is an opportunity to put forward your views. Comments on social events and walks of last year as well as ideas for the coming year would be most welcome. The mid-summer walks is always quite a challenge to find a venue that meets all grades of walkers, if you could give this some thought and bring some proposals along on the night it would be most helpful.

This will be my last message to you as chairman as I will be standing down from the committee at the AGM.

I would like to take this opportunity to thank you for your support during my time on the committee and ask that you continue to be as supportive to my successor.

Doreen will also be standing down as Spindrift editor and would like to pass on her good wishes to the "lucky" member of the committee that take over this post and stamps their mark on it. So watch this space folks!!!

Cheers

Jim

CALENDAR 2009

1st March	Monthly Walk
13 th March	AGM Inch Restaurant
5 th April	Monthly Walk
26 th April	May Monthly Walk(Brought forward 1 week)

Monthly Walks

Please send the monthly walk booking fee at least 10 days in advance and only book for one month's walk at a time to:

Ian Swan
35 Dunsinane Drive, Letham,
Perth PH1 2DU

PLEASE NOTE

BUS FARES £10.00 FOR ALL MEMBERS. NO CONSESSIONS

Buses leave from the South Inch Car Park.



Walk Programme March, April, May 2009

Challenging Plus, Challenging, Less Challenging

	Time of Departure	O.S. Map	Starting Point	Finishing Point	Description of walk	Height m/feet	Distance Km/miles
1 st March Challenging Plus	0700hrs	51	466365	447276	Glen Lochay-Kenknock- Sgiath Chuil(m)- Meall á Churain-Beinn Cheataich-Meal Glas(m)-Beinn nan Imirean(c)- Meall Garbh- Auchessan- Glen Dochart	1380m/4485ft	17.5km/10.9mls
1 st March Challenging	0700hrs	51	466365	447276	Glen Lochay-Kenknock-Sgiath Chuil(m)-Meall á Churain-Beinn Cheataich-Meall Glas(m) –Auchessan- Glen Dochart	1180m/3835ft	15.5km/9.6ml
1 st March Less Challenging	0700hrs	51	466365	447276	Glen Lochay-Kenknock-Sgiath Chuil(m)-SSW towards Creag Nan Uan-S to Aushessan- Glen Dochart	720m/2340ft	14.5km/9.1ml
5 th April Challenging Plus	0700hrs	41/42	377813	483973	Roughburn-NW through forest-NE-Beinn á Chaorainn(m)-NNE – Bealach á Bharnish-Creag Meagaidh(m)-Window- Aberarder	1100m/3575ft	19.5km/12.2ml
5 th April Challenging	0700hrs	34/42	483973	483973	Aberarder-Window-NE-Stob Poite Coire Ardair(m)-NE, E Carn Liath (m)- SW,SE- Na Cnapanan- Aberarder	1005m/3266ft	17km/10.6ml
5 th April Less Challenging	0700hrs	34/42	419827	483973	Moy- Moy Burn- Creag na Cailleach-NE,N-SW Ridge Creag Meagaidh(m)- Window-Aberarder	880m/2860ft	14.5km/9.1ml
26April(May) Challenging Plus	0700hrs	41/50	271423	266525	Victoria Bridge- track W, Path N – SE ridge- Stob Ghabhar(m) – Aonach Mor – 224475 –NE- Clach Leathad – Creise(m)- 238500- Meall á Bhuiridh(m)-N, NE- Ski Centre	1600m/5200ft	17km10.5ml
26April(May) Challenging	0700hrs	41/50	266525	266525	Ski Centre – traverse W, SW- Fionn Ghleann – NE ridge Beinn Mhic Chasgaig(c)-SE, W,N – Creise(m) 238500- Meall á Bhuiridh(m) N, NE – Ski Centre	1160m/3770ft	14km/9.1ml
26April(May) Less Challenging	0700hrs	41	266525	266525	Ski Centre – traverse NW, S – 247524 – NE spur Stob á Ghlais Choire – S – Creise(m) – 238500 Meall á Bhuiridh(m) – N,NE- Ski Centre	960m/3120ft	10km/6.2ml

NB. Bus Fare is now £10.00 for all members

Walk Programme March, April, May 2009

Moderate, Moderate/Easy, Easy

	Time of Departure	O.S. Map	Starting Point	Finishing Point	Description of walk	Height m/feet	Distance Km/miles
1 st March Moderate	0800hrs	72/73	112365	250404	John Buchan Way – Broughton – Hammerhead – Stobo Hopehead – Stobo – The Glack – Cademuir Hill - Peebles	800m/2500ft	22km/13ml
1 st March Moderate/Easy	0800hrs	72/73	184374	250404	John Buchan Way – Stobo – The Clack – Cademuir Hill - Peebles	468m/1411ft	11km/6.5ml
1 st March Easy	0800hrs	72/73	250404	250404	Walk around Peebles		
5 th April Moderate	0700hrs	57	503064	459022	Loch Achray Hotel – Gleann Riabhach – Ben Venue(g) – Ledardo Burn – Kinlochard	670m/2200ft	13km/8ml
5 th April Moderate/Easy	0700hrs	57	448020	459022	Kinloch Ard Forest Kinlochard- Kinlochard Bay Walk. A way marked route.		10km/6.25ml
5 th April Easy	0700hrs	57	459022	459022	Walk around Kinloch Ard Forest		
26 April(May) Moderate	0700hrs	43	140835	110699	Baddoch – Baddoch Burn – Loch nan Euan – Gleann Taitneach – Balmunzie – Spittal of Glenshee	400m/1300ft	21km/13ml
26 April(May) Moderate/Easy	0700hrs	43	110699	110699	Spittal of Glenshee – Dalmunzie House to Glenlochsie Farm then by dismantled railway to Glenlochsie Lodge. Return to Spittal of Glenshee by track on south side of glen	296m/938ft	11.7km/7.25ml
26 April(May) Easy	0700hrs	43	110699	110699	Walk around Spittal of Glenshee		

NB. Bus Fare is now £10.00 for all members

Club Membership Changes.

Due to changes in regulations regarding Child Protection the club constitution will be changed to reflect that no-one under the age of 18 will be able to become a member of the club or attend any of the meets. This means there will no longer be family memberships available.

The constitution is changed as follows:

- 3.1 Delete "Family Members"
- 3.2 Delete "16" and substitute "18"
- 3.3 Delete this clause
- 3.6 Delete "and family"

Renumber clauses 3.4, 3.5 and 3.6 as respectively 3.3, 3.4 and 3.5.

Due to the increase in administration costs the committee has taken the decision to increase the cost of membership to £20.00 with immediate effect. The charge for bus fares will increase to £10.00 from March with no concessions. This is the first increase in 5 years.

Walk Bookings

Due to lack of bookings by the cut off time for booking buses the February Challenging walk had to be cancelled. If bookings that were received 3 days before the walk had been received earlier the walk would have been possible. Can I please remind you that walk bookings **must** be received **no later than 10 days before** the walk is due to take place.

AGM

The AGM will take place on 13 March 09, at 19.30 in the North Inch Restaurant Bells Sport Centre.

At the end of this committee period two members of the present committee are stepping down. This allows at least two places up for grabs.

If you feel you can give something back to the club by being on the committee, Please send a letter to the club secretary with your nomination and name of seconder, no later than one week before the AGM.

Club Weekend Meet

The next club weekend meet will be 9th, 10th and 11th May 09 at Carbisdale Castle.

The cost will be £17.50 per night which includes continental breakfast (cooked breakfast available at extra cost).

Suggested Equipment for Challenging/Less Challenging Walks in Winter Conditions

Map

Compass

GPS

Head Torch

Whistle

Suitable Boots for conditions (Must Take Crampons if Required by Conditions, Grade B1, B2 or B3)

Wicking Base Layer(s)

Outer Waterproof/Windproof Shell (Goretex, Paramo etc)

Gaiters

Headgear

Balaclava

Gloves, Overgloves or Mitts & Overmitts

Large Polythene Survival Bag or/and Survival Shelter

Ice Axe (If Required by Conditions)

Crampons (If Required by Conditions)

Goggles (If Required by Conditions)

First Aid Kit

Food and Drink as (as Required by Conditions)

Change of Clothes to be left in Bus for return.

Please remember to have your Ice Axe and Crampons suitably protected so that they will not tear or damage other people's property while being transported.