

## Walk Programme Challenging Plus, Challenging, Less Challenging March, April, May 2018

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
4 <sup>th</sup> March Challenging	<b><u>0700hrs</u></b>	50	343292 343292	Dalrigh – Track SE – Br – WSW – Rail Br – WSW – New Br@333283 – Rough Path SW Thru Forest (by Allt Coire Dubhchraig) – Coire Dubhchraig – Approx 305258 – SE – Beinn Dubhchraig(M) – NW, W – Bealach@298259 – W, SW – 941m – Ben Oss(M) – Retrace to 302259 – N, NE – 309277 – NNW – Br@304283 (Cononish) – Track E - Start	1250m 4100ft	18km 11.2ml
4 <sup>th</sup> March Less Challenging	<b><u>0700hrs</u></b>	50	343292 343292	Dalrigh – Track SE – Br – WSW – Rail Br – WSW – New Br@333283 – Rough Path SW Thru Forest (by Allt Coire Dubhchraig) – Coire Dubhchraig – Approx 305258 – SE – Beinn Dubhchraig(M) – NW – 302259 - N, NE – 309277 – NNW – Br@304283 (Cononish) – Track E - Start	825m 2710ft	14.5km 9.1ml
1 <sup>st</sup> April Challenging	<b><u>0700hrs</u></b>	42	646733 639592	Dalnaspidal – X Railway – Track SSW – Br@643724 – SSE, S, W, SSW – Meall na Leitreach(C) – SW, S – Loch Meall na Leitreach – SW, SSW, W – X Br@618665 – W – Creag nan Gabhar – SW – Beinn Mholach(C) – SE, E – Track – S – 620618 – SE, E, S - Annat	885m 2905ft	21.5km 13.4ml
1 <sup>st</sup> April Less Chall	<b><u>0700hrs</u></b>	42	646733 639592	Dalnaspidal – X Railway – Track SW, S, SSW (Loch Garry) – X Br@614675 – Creag nan Gabhar – SW - Beinn Mholach(C) - SE, E – Track – S – 620618 – SE, E, S - Annat	575m 1885ft	19.5km 12.2ml
<b><u>NOTE:- COMBINED COACH OUTING APRIL</u></b>						
6 <sup>th</sup> May Chall Plus	<b><u>0700hrs</u></b>	44	283761 283761	W (Glen Doll) – NW, N (Jocks Rd) – 218805 – N – Fafernie – E – Cairn Bannoch(M) – SE, E – Broad Cairn(M) – ESE – Stables@256808 – S – Br@Bachnagairn – Track E, S by River South Esk - Start	950m 3115ft	24km 15ml
6 <sup>th</sup> May Challenging	<b><u>0700hrs</u></b>	44	283761 283761	W (Glen Doll) – NW, N (Jocks Rd) – 219803 – WSW – Tolmount(M) – SSW – 206791 – SSE, E – Tom Buidhe(M) – SE – 220779 – E – Jocks Rd – Retrace - Start	910m 2985ft	20km 12.5ml
6 <sup>th</sup> May Less Chall	<b><u>0700hrs</u></b>	44	283761 283761	W (Glen Doll) – Track & Path W – Br@267757 – Path WSW – Corrie Fee – Mayar(M) – E, SE, E – Driesh(M) – Retrace – 259739 – Path NE- Kilbo Path – Br@279762 – Start	940m 3085ft	14.5km 9.1ml
<b><u>NOTE:- COMBINED COACH OUTING MAY</u></b>						

## Walk Programme Moderate, Moderate/Easy March April & May 2018

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
4 <sup>th</sup> March Moderate	<b><u>0800hrs</u></b>	OS 70 Explorer 326/333	346263 310380	Car Park nr Prestwick Station – Ayrshire Coastal Path N, NW – Troon (via Port Ronnald, Troon Marina) – N, NNW via Barassie – Irvine Beach Park – Magnum Leisure Centre	55m 180ft	17.5km 10.9ml
4 <sup>th</sup> March Moderate/Easy	<b><u>0800hrs</u></b>	OS 70 Explorer 326/333	319308 310380	South Troon – Port Ronnald – Troon Marina - N, NNW via Barassie – Irvine Beach Park – Magnum Leisure Centre	30m 100ft	11.5km 7.2ml
1 <sup>st</sup> April Moderate	<b><u>0700hrs</u></b>	42	646733 639592	Dalnaspidal – X Railway – Track SW, S, SSW (Loch Garry) – X Br@614675 – Track SE, SSE, S - S – 620618 – SE, E, S - Annat	200m 655ft	17.5km 10.9ml
1 <sup>st</sup> April Moderate/Easy	<b><u>0700hrs</u></b>	42	646733 639592	As Moderate Walk		
				<b><u>NOTE:- COMBINED COACH OUTING APRIL</u></b>		
6 <sup>th</sup> May Moderate	<b><u>0700hrs</u></b>	44	283761 283761	W (Glen Doll) – NW, N (Jock's Rd) – 230785 – Path NE, SE (Craigs of Loch Esk, Glittering Skellies) – Bachnagairn – Track E, S by River South Esk - Start	650m 2130ft	15.5km 9.7ml
6 <sup>th</sup> May Moderate/Easy	<b><u>0700hrs</u></b>	44	283761 283761	Car Park – X Br – Track N (by River South Esk) – Moulzie – Path on RHS River – Br@278789 – Track W – Bachnagairn – Return Same Way	360m 1180ft	12km 7.5ml
				<b><u>NOTE:- COMBINED COACH OUTING MAY</u></b>		