

Walk Programme Challenging Plus, Challenging, Less Challenging September, October, November 2018

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
2 nd September Challenging	0700hrs	50	137468 137468	X Br – Track NNE – Glenceitlein – SE by Allt Ceitlein – SSE – Coirean Riabhach – Bealach@184450 – E – Meall nan Eun(M) – Retrace – Bealach – W – Meall Tarsuinn – 754m Bealach – Stob Coir an Albannaich(M) – SSW – 738m Bealach – NW, N by Allt Mheuran – Coileitir - Start	1320m 4330ft	17km 10.6ml
2 nd September Less Challenging 1	0700hrs	50	137468 137468	X Br – SW – Coileitir – X Br@136460 – Path S by Allt nam Meirleach – 766m Bealach & Glas Bheinn Mhor(M) – 738m Bealach – NW by Allt Mheuran – Coileitir & Start	1130m 3710ft	14km 8.7ml
2 nd September Less Challenging 2	0700hrs	50	137468 137468	X Br – SW - Coileitir – X Br@136460 – Path SE – 139455 - SW, SSW, S – Ben Starav (M) – 766m Bealach – N - Allt nam Meirleach – Coileitir - Start	1180m 3870ft	13km 8.1ml
7 th October Challenging	0700hrs	41	145683 145683	Achriabhach – Path SSE – 148677 – SE – Sgurr a Mhaim(M) – S – Bealach@164656 – SW – Bealach@157654 – W – Stob Ban(M) – N, W – 917m – NW – Mullach nan Coirean(M) – NE, N – Forest Edge@135681 – Forest Tracks – Road & Start	1625m 5330ft	13.5km 8.4ml
7 th October	0700hrs	41	145683 145683	Achriabhach – Path SSE - Bealach@157654 – W – Stob Ban(M) – N, W – 917m – NW – Mullach nan Coirean(M) – NE, N – Forest Edge@135681 – Forest Tracks – Road & Start	1260m 4135ft	12km 7.5ml
				<u>NOTE:- COMBINED COACH OUTING OCTOBER</u>		
4 th November Challenging	<u>0800hrs</u>	43	188913 188913	Keiloch Car Park – Track NW – 176924 – Track N – 178962 – Path NE – 191972 – N – Culardoch(C) – W – Track@186988 – SSW – 180981 – W & WNW – Carn Liath(C)Tops – S – Meikle Elrick – Path@155948 – Track@161933 – Track - Start	940m 3085ft	21km 13.1ml
4 th November Less Challenging	<u>0800hrs</u>	43	188913 188913	Keiloch Car Park – Track NW – 176924 – Track N – 178962 – Path NE – 191972 – N – Culardoch(C) - W – Track@186988 – SSW – 180981 – Track S – Start	750m 2460ft	18km 11.2ml
				<u>NOTE:- COMBINED COACH OUTING NOVEMBER; 08.00 START!</u>		

Walk Programme Moderate, Moderate/Easy September, October, November 2018

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
2 nd September Moderate	0700hrs	44/45	648845 649867	Spital Cottage – X Br – Track W – 620834 – SW – Charr Bothy – Track W – Track NW@588834 – 574853 – Hill of Edendocher – Clachnaben – E – Miller’s Bog – 642861 – N, NE – Car Park	660m 2165ft	18km 11.2ml
2 nd September Moderate/Easy	0700hrs	44/45	648845 649867	Spital Cottage – X Br – Track W – 620834 – SW – Charr Bothy – Track NW – Hill of Edendocher – Clachnaben - E – Miller’s Bog – 642861 – N, NE – Car Park	615m 2020ft	13km 8.1ml
7 th October Moderate	0700hrs	41	123729 171774	Nevis Centre – X River Br – Ben Nevis “Tourist” Paths and Tracks – S, SE, E, NE – 146723 (Lochan Meall an t’-Suidhe) – N, NE, SE – 160728 (approx) – NE – Path - NW (Allt a Mhuilinn) – 148751 – Track NE (Cycle Tracks) – Ski Centre	700m 2295ft	13km 8.1ml
7 th October Moderate/Easy	0700hrs	41	123729 123729	Nevis Centre – Rd S – 122727 – Path W – WHW@119727 – S – 121721 – Forest Track SSE – 138685 – SE - Achriabhach – X Bridge & Polldubh Falls – Track on L – Path N by River Nevis – Ben Nevis Visitor Centre	215m 705ft	12km 7.5ml
				<u>NOTE:- COMBINED COACH OUTING OCTOBER</u>		
4 th November Moderate	<u>0800hrs</u>	43/44	188913 188913	Keiloch Car Park – Track NW – 176924 – Track N – 178962 – Path NE – 191972 – Path ESE, S, E – Auchtavan – E – Trac k@212956 – S – Ratlich(Ruin) – Balmore – Balnoe@214938 – SE – 216937 – Track SW - Start	390m 1280ft	17km 10.6ml
4 th November Moderate/Easy	<u>0800hrs</u>	43/44	188913 188913	Keiloch Car Park – Track NW – 176924 – Track N – Track@179942 – E – Balnoe@214938 – 216937 - Track SW - Start	275m 900ft	11km 6.9ml
				<u>NOTE:- COMBINED COACH OUTING NOVEMBER; 08.00 START</u>		