

Walk Programme Challenging, Less Challenging, Moderate, Moderate/Easy  
6<sup>th</sup> August 2023 (FINAL 31<sup>st</sup> May 2023)

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
6 <sup>th</sup> August Challenging	<u>0700hrs</u>	35	716992 756005	Newtonmore (Glen Rd) – Minor Rd NW (Glen Banchor) – 693998 - Track N – Bridge at 691014 – NW - A' Chailleach(M) - Carn Sgulain(M) - Carn a' Bhothain Mholaich – E - Carn an Fhreicheadain(C) – SSE - Pitmain Lodge – S – Kingussie (Station Parking)	1075m 3525ft	24km 15ml
6 <sup>th</sup> August Less Challenging 1	<u>0700hrs</u>	35	716992 711988	Newtonmore (Glen Rd) – Minor Rd NW (Glen Banchor) – 693998 - Track N – Bridge at 691014 – NW - A' Chailleach (M) - Carn Sgulain (M) - W – Am Bodach – SE – Geal Charn – S, SW – Track by Allt na Beinne – SE, S – Newtonmore (Minor Rd) – Main Rd@722995 – Truck Stop (Pickup)	905m 2970ft	21km 13.1ml
6 <sup>th</sup> August Less Challenging 2	<u>0700hrs</u>	35	722995 756005	Newtonmore – Minor Rd N – 722001 – Track NW, N (by Allt na Beinne) – Approx 704030 – NE, NNW – Geal Charn – Am Bodach – NE – Carn a' Bhothain Mholaich – E – Carn an Fhreicheadain(C) – SSE - Pitmain Lodge – S – Kingussie (Station Parking)	845m 2770ft	19.5km 12.2ml
6 <sup>th</sup> August Moderate	<u>0700hrs</u>	35	851984 756005	Car Park – Road& Path – S – Auchlean - X Br@850965 – S – 846942 – Track NNW – 841955 – Path NW, NNE – 833981 – W – Coranstilmore – Path Jcn@830982 – SW – X Br@826978 – nw – Baileguish Ruin – X Br@824983 – Track W – 814985 – Path SW – Track@799975 – WSW – 789971 – Path N – Track@788978 – SW – X Br@779968 – Glentromie Lodge – Path NW – Ruthven Barracks – Minor Road - Kingussie	470m 1540ft	22.5km 14.1ml
6 <sup>th</sup> August Moderate/Easy	<u>0700hrs</u>	35	851984 756005	Car Park – Road& Path – S – Auchlean - X Br@850965 – Track N – 848976 – NW, W – Coranstilmore - Path Jcn@830982 – SW – X Br@826978 – NW – Baileguish Ruin – X Br@824983 – Track W – 814985 – Path SW – Track@799975 – WSW – 789971 – Path N – Track@788978 – SW – X Br@779968 – Glentromie Lodge – Path NW – Ruthven Barracks – Minor Road - Kingussie	315m 1035ft	18km 11.2ml
				<b><u>NOTE:- COMBINED COACH OUTING 6<sup>th</sup> AUGUST</u></b>		