

Walk Programme Challenging, Less Challenging, Moderate. Moderate/Easy
7th April 2024 (FINAL 4th March 2024)

| Date/Grade of Walk | Time of Departure | O.S. Map | Start/Finish Point | Description of walk | Height m/feet | Distance Km/miles |
|-------------------------|-------------------|--|--------------------|--|-----------------|-------------------|
| 7th April Challenging | 0700hrs | 51 | 621363 677395 | A827 – Minor Rd N, W, NW – Car Park – Path NNE – 617393 – NNE – Bealach@620407 – NE – Bealach@631412 – NE – Ben Lawers(M) – E, NE, ENE – Dam@662427 – NNW – Bealach@657440(834m) - E, SE – Meall Greigh(M) – S – 805m – Sron Mhor – SSW – Path@Approx 674418 – Approx 675417 – S, SSE – A827 – SSW - Lawers Hotel | 1415m 1640ft | 19km 11.9ml |
| 7th April Less Chall 1 | 0700hrs | 51 | 677395 677395 | A827 – NNE – 680400 – Path & Track NNW – Br@672420 – NW – Track@664426 – Dam@662427 – NNW – Bealach@657440(834m) – W, SW – Meall Garbh(M) – Retrace – 834m Bealach – E, SE – Meall Greigh(M) – S – 805m – Sron Mhor – SSW – Path@Approx 675417 – Retrace – Lawers Hotel | 1135m 3725ft | 15.5km 9.7ml |
| 7th April Less Chall 2 | 0700hrs | 51 | 677395 677395 | A827 – NNE – 680400 – Path & Track NNW – Br@672420 – NW – Track@664426 – Dam@662427 – NNW – Bealach@657440(834m) - E, SE – Meall Greigh(M) – S – 805m – Sron Mhor – SSW – Path@Approx 675417 – Retrace – Lawers Hotel | 850m 2790ft | 12.5km 7.8ml |
| 7th April Moderate | 0700hrs | 25K 370 50K 58/59 | 266035 128018 | Pitcairn Parking@266035 (Glenrothes A92, B969 W, 1 st R'about, Minor Rd W) – Path N, NNW, Gask Park – W – East Lomond Parking – NW – East Lomond – WSW, W – X Minor Rd@228061 – Path & Track WNW, WSW – West Lomond – Path SSW – Approx 192057 (Glen Vale) – WNW, SSW – 180048 – W (Glen Lomond) – Minor Rd – SSW (Wester Balgedie) – A911 – Right on A911 (300m) – Channel Fm – “Yellow” Marker Post – SSW – “Red Route” (Heritage Trail) – North & West of Loch Leven – Kinross Jetty (Kirkgate Park) | 615m 2020ft | 21.5km 13.4ml |
| 7th April Moderate/Easy | 0700hrs | 25K 370 50K 58/59 | 128018 128018 | Kinross Jetty (Kirkgate Park) – “Red Route” (Heritage Trail) W, S, SE, E - Vane Farm RSPB Nature Centre - E, N – Pass Gliding Centre (St Serf's Island on L) – N, W on “Red Route” (Past Tarhill & Car Park) – S – Kinross Jetty Parking (Kirkgate Park) | 55m 180ft | 18.5km 11.5ml |
| | | | | NOTE:- 2 COACHES 7th April 2024 | | |
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